

Session 1: Thursday 30 th April			Session 3: Friday 1 st May			Session 5: Saturday 2 nd May			Session 7: Sunday 3 rd May		
1	M	50m Breaststroke	13	M	100m Freestyle	23	W	400m Freestyle	31	W	200m Individual Medley
2	W	50m Breaststroke	14	W	100m Freestyle	24	M	400m Freestyle	32	M	200m Individual Medley
3	M	200m Freestyle	15	M	100m Breaststroke	25	W	100m Butterfly	33	W	50m Backstroke
4	W	200m Freestyle	16	W	100m Breaststroke	26	M	100m Butterfly	34	M	50m Backstroke
5	M	100m Backstroke	17	M	400m Individual Medley	27	W	200m Backstroke	35	W	50m Freestyle
6	W	100m Backstroke	18	W	400m Individual Medley	28	M	200m Backstroke	36	M	50m Freestyle
7	M	200m Butterfly	19	M	50m Butterfly	29	W	4x100m MTR	37	W	200m Breaststroke
8	W	200m Butterfly	20	W	50m Butterfly	30	M	4x100m MTR	38	M	200m Breaststroke
9	M	4x100m FTR	21	M	4x200m FTR				39	W	1500m Freestyle (Slower heats)
10	W	4x100m FTR	22	W	4x200m FTR				40	M	800m Freestyle (Slower heats)
11	M	1500m Freestyle (Slower heats)									
12	W	800m Freestyle (Slower heats)									
Session 2: Thursday 30 th April			Session 4: Friday 1 st May			Session 6: Saturday 2 nd May			Session 8: Sunday 3 rd May		
11	M	1500m Freestyle (Fastest Heat)	19	M	Semi-Finals 50m Butterfly	14	W	Final 100m Freestyle	33	W	Semi-Finals 50m Backstroke
12	W	800m Freestyle (Fastest Heat)	20	W	Semi-Finals 50m Butterfly	13	M	Final 100m Freestyle	34	M	Semi-Finals 50m Backstroke
1	M	Semi-Finals 50m Breaststroke	13	M	Semi-Finals 100m Freestyle	16	W	Final 100m Breaststroke	39	W	1500m Freestyle (Fastest Heat)
2	W	Semi-Finals 50m Breaststroke	14	W	Semi-Finals 100m Freestyle	15	M	Final 100m Breaststroke	37	W	Semi-Finals 50m Freestyle
5	M	Semi-Finals 100m Backstroke	15	M	Semi-Finals 100m Breaststroke	23	W	B & A Final 400m Freestyle	38	M	Semi-Finals 50m Freestyle
6	W	Semi-Finals 100m Backstroke	16	W	Semi-Finals 100m Breaststroke	24	M	B & A Final 400m Freestyle	40	M	800m Freestyle (Fastest Heat)
3	M	B & A Final 200m Freestyle	17	M	B & A Final 400m Individual Medley	25	W	Semi-Finals 100m Butterfly	31	W	B & A Final 200m Individual Medley
4	W	B & A Final 200m Freestyle	18	W	B & A Final 400m Individual Medley	26	M	Semi-Finals 100m Butterfly	32	M	B & A Final 200m Individual Medley
7	M	B & A Final 200m Butterfly	5	M	Final 100m Backstroke	27	W	B & A Final 200m Backstroke	37	W	B & A Final 200m Breaststroke
8	W	B & A Final 200m Butterfly	6	W	Final 100m Backstroke	28	M	B & A Final 200m Backstroke	38	M	B & A Final 200m Breaststroke
1	M	Final 50m Breaststroke	19	M	Final 50m Butterfly	29	W	Final 4x100m MTR	33	W	Final 50m Backstroke
2	W	Final 50m Breaststroke	20	W	Final 50m Butterfly	30	M	Final 4x100m MTR	34	M	Final 50m Backstroke
9	M	4x100m FTR	21	M	Final 4x200m FTR				25	W	Final 100m Butterfly
10	W	4x100m FTR	22	W	Final 4x200m FTR				26	M	Final 100m Butterfly
									35	W	Final 50m Freestyle
									36	M	Final 50m Freestyle