

TEAM IRELAND IN TOKYO

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QUALIFICATION STATUS: TOKYO 2021

PREAMBLE

3 JUNE 2021

This document is intended to provide guidance for planning and research only and provides ongoing updates and information on the qualification status of Team Ireland athletes aiming for Tokyo 2020, following the postponement of the Olympic Games in 2020.

TEAM IRELAND SELECTION PROCESS

6 STEP PROCESS FOR ATHLETES

Below is the process involved in officially selecting athletes for Team Ireland.

- 1. The sport or athlete meets qualifying standard set out by IOC
- 2. The sport or athlete meets qualifying standard set out by the National Federation (NF)
- 3. The National Federation nominates athletes for participation in the Olympic Games
- 4. The OFI selects athletes based on review of the nominations by National Federations
- 5. The athletes are informed on their selection
- 6. The OFI announces the team in stages

SUMMARY STATUS

The qualification process started in 2018 and continues to July 2021 for some sports. In many sports qualification of a spot does not guarantee automatic selection of the athlete who qualified the spot. Two athletes have been officially selected. All qualified spots pre-Covid19 apply, and rankings and events have resumed for most sports.

OVERVIEW

69 athletes qualified to date - 9 HORSES - 3 named athletes - 12 sports

To date IOC qualification standards/quotas have been met by 63 Irish athletes in the following:

Athletics - Race Walk and Marathon (7)	Race Walkers - 2 (qualification times achieved by: Brendan Boyce 50km, Alex White 20km)
	Marathon - 5 (qualification times achieved by: Fionnuala McCormack, Aoife Cooke, Paul Pollock, Stephen Scullion, Kevin Seaward)
Athletics - Track and	Track & Field -
Field (5)	Women 1500m 1 (Ciara Mageean 1500m) Mixed Relay 4 (qualified at the World Athletics Relay by Thomas Barr, Chris O'Donnell, Phil Healy, Sharlene Mawdsley on 1 May 2021)
Boxing (1)	52kg male (Brendan Irvine) Officially selected HERE
Canoe Slalom (1)	Liam Jegou officially selected for the Canoe Slalom C1 event See HERE

Cycling Road (4 quota,	3 road racers
3 athletes)	1 will also compete in time trial
,	'
	These will be selected next year. The parcours is hilly so likely to be
	two climbers and one time triallist.
Caller Taral (Carata	
Cycling Track (6 quota,	2 madison teams (2 riders)
4 events, 4 athletes)	1 of each team also competes in the omnium
	Men and Women.
	No more opportunities to qualify
Diving (not confirmed	
yet)	
Equestrian (9 athletes)	Dressage team (3 + horses + 1 reserve)
,	Eventing team (3 + horses + 1 reserve)
	Show jumping team (3 + horses + 1 reserve)
	9 horses
	7 1101363
	All places have been secured in equestrian, pames the
Common anti-ser (4)	All places have been secured in equestrian - names tbc
Gymnastics (1)	Men's Pommel - Rhys McClenaghan (nomination and selection process
	still to be completed)
Hockey (16)	Women's Team (+2 reserve)
	Names TBC
Modern Pentathlon (1)	Women's event
	Qualified by Natalya Coyle, also being contested by Sive Brassil.
Rowing (6 boats, 13	Women's Single (W1x) qualified by Sanita Puspure
athletes)	Women's Pair (W2-) qualified by Aileen Crowley and Monika Dukarska
	Men's Lightweight Double (LM2X) qualified by Paul O'Donovan and
	Fintan McCarthy (reserve Gary O'Donovan)
	Men's Double (M2X) qualified by Philip Doyle and Ronan Byrne
	Women's Four (W4-)- qualified by Aifric Keogh, Eimear Lambe, Fiona
	Murtagh, Emily Hegarty
Cailing (2)	Women's Lightweight Double (LW2X) - Aoife Casey, Margaret Cremen
Sailing (3)	Women's Laser Radial - NF Nomination Annalise Murphy
	Men's 49ers - Qualified by Robert Dickson & Sean Waddilove
Swimming (4)	Darragh Greene in 100m & 200m Breaststroke (nominated by sport)
	Shane Ryan in 100m Backstroke (nominated by sport)
	Daniel Wiffen (800m Freestyle)
	Mona McSharry (100m Breaststroke)
Taekwondo (1)	Men's 58kg -Jack Woolley officially selected HERE.
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All of these are now subjected to NF selection criteria. The OFI will not officially confirm the selection of athletes until the selection process has been followed.

SPORT IN DETAIL

ATHLETICS

Qualification is ongoing for Athletics, with rankings frozen during the pandemic, some are to be resumed in December 2020. Marathon and Race Walking Qualification resumed and took place in September, October, November 2020. Athletes can qualify in two ways:

- 1. By virtue of their World Athletics world ranking position at the end of the qualification period
- 2. Achieving the entry standard within the qualification period.

Entry standards are set for the sole purpose of qualifying athletes with exceptional performances unable to qualify through the IAAF world rankings pathway.

The qualification window for athletics runs right up to the end of June for some events, making the athletics team one of the last sports to be confirmed and announced. Some events, like the race walk and marathon can be confirmed earlier, by June 2021.

QUALIFICATION TIMES BY EVENT

Men	Event	Women	
10.05	100m	11.15	
20.24	200m	22.80	
44.9	400m	51.35	
1:45.20	800m	1.59.50	
3:35.00	1500m	4.04.2	
13:13.50	5000m	15:10.00	
27:28.00	10000m	31:25.00	
13.32	110/100H	12.84	
48.90	400H	55.4	
8:22.00	3KSC	9:30.0	
2.33	High Jump	1.96	
5.8	Pole Vault	4.7	
8.22	Long Jump	6.82	
17.14	Triple Jump	14.32	
21.1	Shot Putt	18.5	
66.0	Discus Throw	63.5	
77.5	Hammer Throw	72.5	
85.0	Javelin Throw	64.0	
8350	DEC/HEP	6420	
1:21:00	20km RW	1:31:00	
3:50:00	50km RW	-	
2:11:30	Marathon	2:29:30	

QUALIFICATION STANDARDS MET

WHO	DISCIPLINE	WHEN AND WHERE	ADDITIONAL NOTES
Brendan Boyce	50km Walker	Lithuania May 2019	PB of 3:48.18
			Competed in London and Rio.
			Was first Irish athlete to
			achieve a Tokyo standard
			across all the sports.
Alex Wright	20km Walker	La Coruna, Spain,	1:20.50
		June 2019	Competed in Rio
Ciara Mageean	1500m	Monaco, July 2019	Qualified with PB 4:19.03 -
			Competed in Rio
			Achieved faster again time of
		Doha, Sept 2019	4:00.15 in the 1500m.
Fionnuala McCormack	Marathon	Chicago Marathon	PB with 2:26.47 - almost 4
		October 2019	seconds off her previous best.
Paul Pollock	Marathon	Valencia Marathon,	PB with 2:10.25 - 5 minutes
		December 2019	faster than his previous best.
Stephen Scullion	Marathon	Houston Marathon,	PB with 2:11.52 - 9 seconds
		January 2020	faster than his previous best.
			Secured the standard based on
			his top five finish in a gold
			label road race.
		London Marathon,	Achieved the qualifying time
	_	Oct 2020	standard with 2.09.49
Kevin Seaward	Marathon	Seville Marathon,	PB with 2:10.10 - second
		February 2020	fastest time ever, second only
			to John Treacy's 2:09.15 in
			1984. His previous best was
			2:13.39.
Aoife Cooke	Marathon	Cheshire Elite	PB with 2.28.30, becoming
		April 2021	fourth best Irish time ever.
Qualified by Thomas	Mixed Relay	World Athletics	Qualified by Barr, O'Donnell,
Barr, Chris O'Donnell,		Relay	Healy, Mawdsley in what is a
Phil Healy, Sharlene		May 2021	new event on the Olympic
Mawdsley			calendar

STATUS OF NON-QUALIFIED ATHLETES

The best tracker for the current ranking status of athletes is **HERE**.

CURRENTLY INSIDE RANKING (as of May 17):

NAME	DISCIPLINE AND RANKING
Leon Reid	M200 m currently 37 (56 qualify)
Marcus Lawler	M200m currently 41 (56 qualify)
Mark English	M 800m currently 35 (48 qualify)
Andrew Coscoran	M 1500m currently 45 (45 qualify)
Thomas Barr	M 400mh currently 20 (40 qualify)
Phil Healy	W 200m currently 40 (56 qualify)
Nadia Power	W 800m currently 31 (48 qualify)
Michelle Finn	W 3000m SC currently 30 (45 qualify)
Kate O'Connor	W Heptathlon currently 22 (24 qualify)
David Kenny	M 20km Race Walk currently 55 (60 qualify)
Alex Wright	M 50km Race Walk currently 43 (60 qualify)
Ciara Neville	W 100m currently 54 (56 qualify)
Sarah Lavin	W 100mh currently 40 (40 qualify)

CURRENTLY OUTSIDE RANKING:

Rhasidat Adeleke	W 200m currently 70 (56 qualify)	
Eilish O'Flanagan	W 3000 SC currently 61 (45 qualify)	
Kerry O'Flaherty	W 3000 SC currently 65 (45 qualify)	
Christopher O'Donnell	M 400 currently 79 (48 qualify)	
John Fitzsimons	M 800m currently 56 (48 to qualify)	
Luke McCann	M 1500m currently 61 (45 to qualify)	
Seán Tobin	M 5000m currently 60 (42 to qualify)	
Colin Quirke	M Discus currently 55 (32 qualify)	
Eric Favors	M Shot Putt currently 64 (32 qualify)	
Brendan Boyce	M 20km Race Walk currently 67 (60 qualify)	
Sharlene Mawdsley	W 400m currently 72 (48 qualify)	
Siofra Cleirigh Buttner	W 800m currently 59 (48 qualify)	
Louise Shanahan	W 800m currently 67 (48 qualify)	
Sarah Healy	W 1500m currently 51 (45 qualify)	
Phillipa Rogan	W High Jump currently 58 (32 qualify)	
Anne Marie McGlynn	W Marathon currently 101 (80 qualify)	
Ireland Team	W 4x100m currently 26 (16 qualify)	
Ireland Team	W 4 x 400m currently 36 (16 to qualify)	
Ireland Team	M 4x400m currently 49 (16 qualify)	

BOXING

Boxing has undergone a new restructure, with the boxing in the Olympic Games being run by a task force under the IOC rather than AIBA.

Boxers were originally meant to have two opportunities to qualify for the games - the European Qualifier, and the World Qualifier. In February 2021 it was announced that the World qualifier would not be held, and that the European event, which was postponed after day two in 2020, will now take place in London from the 4-8 June 2021. To date only one Irish boxer has achieved qualification at this stage - Brendan Irvine has been officially selected in the Men's Fly 48-52kg category. FAQ HERE.

MEN - Table 1

Weight Categories (kg)	Africa	America	Asia/ Oceania	Europe	World Qual.	Host Country	Tripartite	Total
Fly (48 kg to 52 kg)	3	5	6	8	4	1	1	28
Feather (52 kg to 57 kg)	3	5	6	8	4	0	1	27
Light (57 kg to 63 kg)	3	5	6	8	4	1	1	28
Welter (63 kg to 69 kg)	3	4	5	6	4	0	1	23
Middle (69 kg to 75 kg)	3	4	5	6	4	1	1	24
Light Heavy (75 kg to 81 kg)	3	4	5	6	4	0	0	22
Heavy (81 kg to 91 kg)	2	3	4	4	4	0	0	17
Super Heavy (91 kg to +91 kg)	2	3	4	4	4	0	0	17
TOTAL	22	33	41	50	32	3	5	186

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WOMEN - Table 2

Weight Categories (kg)	Africa	America	Asia/ Oceania	Europe	World Qual.	Host Country	Tripartit e	Total
Fly (48 kg to 51 kg)	3	4	6	6	5	0	1	25
Feather (54 kg to 57 kg)	2	3	4	6	4	0	1	20
Light (57 kg to 60 kg)	2	3	4	6	4	0	1	20
Welter (64 kg to 69 kg)	2	3	4	5	4	0	0	18
Middle (69 kg to 75 kg)	2	3	4	4	4	0	0	17
TOTAL	11	16	22	27	21	0	3	100

BADMINTON

In Badminton ranked events have officially closed, with Nhat Nguyen falling within the qualification ranking for Tokyo 2020 in the Men's Singles. The official allocation has not yet been received, but Sam and Chloe Magee fell short of Olympic qualification in the Mixed Doubles.

The final badminton rankings in June 2021 will determine who will compete in Tokyo. Each of the continental confederations will be guaranteed a maximum of at least one entry in each of the doubles and singles (called Continental Representation Place scheme).

If this hasn't been satisfied in the ranking, then the highest ranked player or pair in the region will be selected. Japan, as the host nation, can enter a male and female in the singles, if they haven't already qualified through ranking. If an athlete has qualified in both the singles and doubles then a spot frees up in the unused slot by the next best ranked. A further six places are available to NOCs via the tripartite Commission invitation.

EVENT NOMBERS TO QUALIFY	EVENT N	NUMBERS TO QUALIFY
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Men's Singles - 38 to qualify	Ranking 1-16 Players are taken in turn, a NOC may enter up to a max of 2 players, provided they are both in the top 16.
	Ranking 17 and below Players are taken in turn. A NOC may
	enter a max of 1 player.
	NHAT NGUYEN is currently ranked 25 th or 59 th overall HERE

CANOE SLALOM

Ireland has qualified one boat with Liam Jegou already selected for the C1 Slalom. The men's C1 boat was qualified via Robert Hendrick at the World Championships in 2019 - however, it was won in internal trials by Liam Jegou, who has been officially selected.

CYCLING ROAD

Qualification has ended for Road Cycling - with three spots being allocated to Ireland, with one athlete also competing in the Time Trial.

The Road Cycling criteria is based on world nation ranking with UCI the year prior to the Games. 122 spots are allocated to men, 62 for women, with special provisions for highly ranked individuals whose nations do not make the ranking. Japan get 2 guaranteed spots in both the men's and women's road race as the host nation.

For the Time Trial the host nation must have qualified for the road race, and the top 30 men, and top 15 women in the world rankings may enter a time triallist. The 2019 World Championships offered an additional 10 places per gender, and each NOC can have a max of 2 time triallists.

Ireland qualified 3 athletes for the road race, with one of these also competing in the time trial. It is likely that the decision will take into account this time triallist position in the team selection - with Ryan Mullen being Ireland's fastest against the clock. Michael O'Loughlin and Eddie Dunbar may also be considered here. For the Road Race the course will suit climbers, rather than sprinters, which will likely come into play for selection. Dan Martin, Nicolas Roche and Sam Bennett are professional riders that will be considered along with a range of athletes on the Pro-Continental and Continental teams.

CYCLING TRACK

Qualification has ended for Track Cycling - with four athlete spots being allocated to Ireland - a men's Madison team (of two) and a women's Madison team (of two). Each of these teams will also allow one athlete to compete in the Omnium, making it four events and four athletes.

Ireland qualified both the men's and women's teams via the UCI Track Cycling Rankings which concluded at the World Championships last year.

The women's team of Lydia Boylan and Lydia Gurley raced in the final race - the positions will also be contested from a squad of athletes including Shannon McCurley and Emily Kay.

The men's team of Mark Downey and Felix English raced in the final race - the positions will also be contested from a squad of athletes including Fintan Ryan and Marc Potts.

DIVING

Oliver Dingley was the first Irish diver to compete at the Olympics in 68 years when he competed in Rio. Dingley, Ciara McGing, Clare Cryan and Tanya Watson are seeking qualification. A strong

showing by Tanya Watson and Oliver Dingley in the Final World Cup in Tokyo served them well, and now they compete in the European Championships, and await final rankings in June.

ATHLETES TO WATCH

WHO	DISCIPLINE	WHEN AND WHERE	ADDITIONAL NOTES
Tanya Watson	Women's 10m	Tokyo at the FINA	Finished 16 th in Prelims with a
	Platform	DIVING WORLD CUP	score of 271.85 points. Top 18
			qualified
Oliver Dingley	Men's 3M	Tokyo at the FINA	Made the finals of the FINA
	Springboard	Diving World Cup	Diving World Cup

EQUESTRIAN

Tokyo 2020 will be very special for the Equestrian team, as it will be the first time that three teams will have qualified for the Olympic Games; dressage, eventing and showjumping.

DISCIPLINES	WHEN	WHERE
Eventing	11-9-28 to 23-9-18	2018 FEI World Equestrian Games, Tryon, USA
Dressage	19-8-19 to 25-8-19	European Dressage Championships, Rotterdam, NL
Showjumping	3-10-19 to 6-10-19	2019 Jumping Nations Cup Final, Barcelona, Spain

Each team will include a reserve athlete and horse.

HOCKEY

The Irish women's hockey team made history in November 2019 when they became the first Irish women's hockey team to qualify for the Olympics, beating Canada in Ireland.

There was heartbreak for the men's team who narrowly missed out on the one available spot in the qualifiers against Canada.

There will be a squad of 16 athletes competing, with two reserves travelling.

Their schedule is now set as follows:

DISCIPLINES	WHEN	WHERE
Women's Hockey – IRL Vs SA	24-7-20 at 19:00 – 22:45	Oi Hockey Stadium – South Pitch
Women's Hockey – NED Vs IRL	26-7-20 at 10:00 – 13:45	Oi Hockey Stadium – South Pitch
Women's Hockey – FER Vs IRL	28-7-20 at 10:00 – 13:45	Oi Hockey Stadium – South Pitch
Women's Hockey – IRL Vs India	30-7-20 at 09:30 – 13:15	Oi Hockey Stadium – North Pitch
Women's Hockey – IRL Vs GB	31-7-20 at 18:30 – 22:15	Oi Hockey Stadium – North Pitch
Women's Hockey QF	2-8-20 four matches	Oi Hockey Stadium – North Pitch
Women's Hockey SF	4-8-20 two matches	Oi Hockey Stadium – North Pitch
Women's Hockey Bronze Match	6-8-20 at 10:30 – 12:15	Oi Hockey Stadium – North Pitch
Women's Hockey Gold Match	6-8-20 at 19:00 – 21:30	Oi Hockey Stadium – North Pitch

GOLF

Qualification for both the men's and women's competition is based on world ranking with the IGF.

The Olympic field is restricted to 60 players for each of the men's and women's game. The top 15 world ranked players will be eligible for the Olympics, with a limit of four players from a given country. Beyond the top 15 players will be eligible based on the world rankings, but with a maximum of two eligible players from each country that does not already have two or more players among the top 15.

Allocations for this will be late, and at this stage the rankings look as follows in THIS LINK:

Men's Golf:

6th - Rory McIlroy,

20th - Shane Lowry

Women's Golf:

33rd - Leona Maguire

37th - Stephanie Meadow

GYMNASTICS - ARTISTIC

Rhys McClenaghan secured qualification in the pommel following his bronze medal performance at the World Championships in 2019.

There are also male and female athletes in contention in the All Around event - with Adam Steele heading up the male event and has an opportunity to qualify at the European Championships in 2021.

Megan Ryan is currently first reserve, following her performance at the World Championships in 2019. Emma Slevin is second reserve, finishing just behind her at the World Championships. Should a nation who has already qualified a spot ahead of Ireland withdraw, this position will be offered to Ireland.

JUDO

Judo has three athletes on the qualification journey - Ben Fletcher (Men's -100kg), Megan Fletcher (Women's 70kg Middleweight) and Nathon Burns (Men's 66kg Half-Lightweight). All three are based in the UK, with Ben having competed in Rio for Team GB.

Host nation Japan can have one spot in all events. Qualification is earned through the IJF Ranking system as of May 2021. An additional 100 athletes will be qualified then based on continental representation across weight categories and gender, and athletes with the highest ranking points across the disciplines. Only one NOC spot per category, the top 18 in ranking will qualify for each. Both Ben and Megan Fletcher are sitting inside qualification currently (they are brother and sister).

The rankings can be found HERE and the current status is as follows:

Ben Fletcher - ranked 17th in the 100kg category

Megan Fletcher - ranked 16th in the 70kg category

Nathon Burns - ranked 45th in the 66kg category.

MODERN PENTATHLON

At the European Championships 2019 Natalya Coyle was successful in qualifying a spot for Ireland in the Open Women category. Thirty six spots are available in each of the men's and women's events and up to two athletes from a NOC in each event.

The remainder of the places can now be achieved through World Ranking, where six spots are available.

The current status is below:

Arthur Lanigan O'Keeffe: RANKING HERE - CURRENTLY 27

Sive Brassil: RANKING HERE - CURRENTLY 32

Natalya Coyle: RANKING HERE - CURRENTLY 27

ROWING

Rowing has qualified a record number of boats for the Olympics, with six boats heading to Tokyo, and still a good chance to get one or two more in the final qualification regatta before the Games.

The boats are:

Women's Single Scull - Sanita Puspure finished first in the World Championships 2019

Men's Lightweight Double Scull - Paul O'Donovan and Fintan McCarthy finished first in the World Championships 2019

Men's Double Scull - Philip Doyle and Ronan Byrne finished second in the World Championships 2019

Women's Pair - Aileen Crowley and Monika Dukarska finished seventh in the World Championships 2019

Women's Four (W4-) - qualified by Aifric Keogh, Eimear Lambe, Fiona Murtagh, Emily Hegarty

Women's Lightweight Double (LW2X) - qualified by Aoife Casey and Margaret Cremen

MEN'S RUGBY 7S

The men's team have one more chance to qualify, at the final Olympic Tournament next year, where there is one spot available. The Repechage competition is likely to take place in Monaco 2020 from 19-20 June (to be confirmed officially).

If they qualify it will be the first time Ireland will have competed at the Olympics in Rugby.

SAILING

Ireland has qualified two boats for Tokyo.

- 1. The Women's Laser Radial, which was achieved via Aisling Keller at the World Championships in 2019 this position is set to be filled by Annalise Murphy, who has been nominated by the National Federation. Selection will be made once the process has been completed.
- 2. The 49er which was qualified by Robert Dickson and Sean Waddilove.

SHOOTING - SHOTGUN

Ireland's focus will be on the Men's and Women's Trap for Tokyo. There is still one remaining opportunity for Ireland to qualify - at the European Championships. Qualification for Tokyo is based on results in selected competitions, the process began in 2018. Host nation Japan is guaranteed one spot in each event.

Four quota places (two top teams per NOC) will be awarded to shooters competing in each of the mixed team events (rifle, pistol and trap), while the highest-ranked shooter, who has not qualified yet or whose NOC does not have a berth in any of the twelve individual events, will obtain a direct Olympic quota place through the World Rankings. The remaining twenty-four quota places are available to the eligible NOCs under the tripartite Commission invitation, with two in each event, including the trap. The NOC may assign a different shooter in each event, provided they achieve a minimum score.

There are still two spots available via the European Championships, one in the Olympic ranking, and two in the Tripartite invitation.

In the past Ireland has received invitations via a wildcard.

SWIMMING

In January 2021 as a result of the COVID-19 related upheaval to the sporting calendar, the Swim Ireland selection criteria for the Olympic Games has been updated to allow for the adjusted event. This means that swimmers who achieved a FINA A Standard between 2019 and 2020 can be considered for Olympic nomination and selection. The remainder of the athletes must gain an A Standard at the Irish Open Championships in April (20th - 24th).

Shane Ryan and Darragh Greene have both achieved the A Standard and have been nominated. Mona McSharry and Daniel Wiffen have also achieved FINA A Standards.

Ireland also have two relay teams sitting in the Top 16 in the World. Ireland's Men's 400m Medley Relay is currently ranked 14th and the Men's 800m Freestyle Relay is ranked 16th. Relays remaining in the top 16 in the world at the end of May 2021 will secure places at the Games.

View Swim Ireland updated policy **HERE**.

FINA OLYMPIC A TIMES:

MALE Consideration Time	Event	FEMALE Consideration Time			
			22.01	50m Freestyle	24.77
			48.57	100m Freestyle	54.38
1:47.02	200m Freestyle	1:57.28			
3:46.78	400m Freestyle	4:07.90			
7:54.31	800m Freestyle	8:33.36			
15:00.99	1500m Freestyle	16:32.04			
53.85	100m Backstroke	1:00.25			
1:57.50	200m Backstroke	2:10.39			
59.93	100m Breaststroke	1:07.07			
2:10.35	200m Breaststroke	2:25.52			
51.96	100m Butterfly	57.92			
1:56.48	200m Butterfly	2:08.43			
1:59.67	200m IM	2:12.56			
4:15.84	400m IM	4:38.53			

TIMES ACHIEVED

Darragh Greene (100m Breaststroke, 200m Breaststroke),

Shane Ryan (100m Backstroke),

Daniel Wiffen (800m Freestyle),

Mona McSharry (100m Breaststroke)

TAEKWONDO

Jack Woolley secured qualification for the Tokyo Olympics based on his final Olympic rankings in January 2020. There are still three spots available in other weight classes in the European Qualification Tournament scheduled for January 2021.

There are 8 taekwondo divisions at the Olympics, 4 male and 4 female. 16 will compete in each category.

Jack is the first Irish person to qualify to compete in Taekwondo at the Olympics, and he will be competing in the Men's -58kg category.

He has been officially selected.

TRIATHLON

The qualification period will run up until May 2021 (TBC) and 55 athletes will compete in the men's and in the women's events. A max of 3 athletes can compete for each nation, and as host nation, Japan gets two spots in each event.

World Triathlon have announced that the window will open again for six weeks from May - June 2021.

Two spots per gender will be awarded based on the Tripartite Commission Invitation.

The current status of the athletes are as follows:

Men

Sitting inside qualification - Russell White - currently ranked 59

Con Doherty - currently ranked 110

Women

Sitting inside qualification - Carolyn Hayes - currently ranked 52